



JESUS HEALS A CHILD: SIGNS IN JOHN

KENNETH MARTINEZ / THE GOSPEL OF JOHN / JOHN 4:43-54

40 to 50 percent of kids who graduate from a church or youth group will fail to stick with their faith in college.

-Powell & Clark

JESUS WANTS PARENTS TO HAVE FAITH

When it comes to kids' faith, parents get what they are.

-Christian Smith

Living out our faith as parents:

- Practice spiritual disciplines on your own.
- Talk naturally about Jesus.
- Apologize liberally and effusively.

JESUS WANTS PARENTS TO BRING THEIR CHILDREN TO HIM

Kids who attended a religious service at least once per week scored higher on psychological well-being measurements and had lower risks of mental illness.

-Chen & VanderWeele

Developing faith in our kids:

- Create spiritual routines at home.
- Provide spaces to verbalize their faith, doubts, and calling.
- Create a network of Christian adults in their lives.

Kids with at least 5 meaningful adult relationships are a lot more likely to stay in the faith.

-Powell & Clark

JESUS WANTS TO TAKE CARE OF ALL CHILDREN

80% of Christians accepted Jesus before age 14.

90% before age 25.

-Darron Pratt

CALL TO ACTION

1. Parents:
Bring Jesus into family conversations this week.
2. Parents:
Create one new spiritual routine at home this month.
3. Church:
Get involved in a kids-related ministry.
4. Kids:
Ask your parents the meaning of following Jesus.

EXTRA RESOURCES

Kara E. Powell and Clark Chap, *Sticky Faith: Everyday Ideas to Build Lasting Faith in Your Kids* (Grand Rapids, MI: Zondervan, 2011)

Ying Chen and Tyler J. VanderWeele, "Associations of Religious Upbringing With Subsequent Health and Well-Being From Adolescence to Young Adulthood: An Outcome-Wide Analysis," *AJE*, September 13, 2018, <https://www.hsph.harvard.edu/news/press-releases/religious-upbringing-adult-health/>